

TABLE OF MEDICAL & PARA – CLINICAL EXAMINATIONS AND CERTIFICATES REQUIRED FOR THE ISSUANCE OF HEALTH CARDS				
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	MEDICAL EXAMINATIONS AND CERTIFICATES	CATEGORY PER AGE		
		UP TO 10 YEARS	11 UNTIL 33 YEARS	34 YEARS AND OVER
1	Medical Examination Form – AΣYA/SAHC (Supreme Athletes' Health Council) (fully completed, signed and stamped by the examining doctor / signature of applicant (guardians))	✓	✓	✓
2	Cardiogram Electrocardiogram (ECG) (original, size A4, signed and stamped by a doctor)	✓	✓	✓
3	Stress Test (signed and stamped by a doctor)
4	Echocardiogram - ECHO	(If a heart murmur is diagnosed)	(If a heart murmur is diagnosed)	(If a heart murmur is diagnosed)
5	Full Blood Count	✓	✓
6	Biochemical Blood analysis (only with 1 st time submission of an application (cholesterol, creatinine, sugar))	✓	✓
7	Blood Type (a relevant certification to be provided)	✓	✓	✓
8	Chest X-Ray (Thorax) (opinion)	✓
9	Recent color passport –size photograph	✓	✓	✓

10	Copy of birth certificate or identity card (applicable to 1 st time submission of an application)	✓	✓	✓
11	Copy of passport for European Union member - states citizens and Aliens (applicable to 1 st time submission of an application)	✓	✓	✓
	DURATION OF HEALTH CARD VALIDITY	Up to 3 years	Up to 3 years	Up to 2 years

GENERAL CLARIFICATIONS

- 1** The evaluation of the applications as well as of the medical and para –clinical examinations provided for the issuance of Health Cards is conducted by the “Health Cards Medical Evaluation Committees”.
- 2** The Health Cards Medical Evaluation Committees take the final decision for the issuance of Health Cards and the period of their validity.
- 3** The Health Cards Medical Evaluation Committees, depending on the findings resulting from the evaluation process, have the right to require supplementary examinations and/or additional clinical, para –clinical and other medical examinations. In such case no Health Card is issued before the submission of the supplementary medical examinations and the re – evaluation of the application by a Medical Committee.
- 4** The chest X-Ray (thorax) and the opinion there of must be submitted with the 1st time submission of an application for Health Card by athletes who have attained the age of 34 years and over. The chest x-ray (thorax) is acceptable provided that its date of issue is not more than one (1) year from the date of submission of the application. A chest x –ray (thorax) without an opinion shall not be accepted.

- 5** Athletes who have attained the age of 34 years should provide the medical examinations and certificates mentioned in the above table and specifically, those of the age group of “34 years and over”. Otherwise, the Health Card shall be valid until the date of completion of their 35th year of age. Applications for the issuance of Health Cards by applicants who have completed the 6th month and over of their 34th year of age should provide the medical examinations and certificates of the age group of 34 years and over, otherwise **their application shall be REJECTED.**
- 6** The Health Cards Medical Evaluation Committees shall proceed to the evaluation and proper examination only of the medical certificates and examinations which the athletes provide and lay before them. The Medical Evaluation Committees shall proceed to the secondary evaluation of the applications for issuance of Health Cards.
- 7** The Medical, clinical and para-clinical examinations for the issuance of H.C. are valid for six (6) months. Applications which remain pending and/or are incomplete and/or cannot be evaluated for any reason by the Medical Committees and the date of issue of the medical examinations is more than six (6) months shall not be evaluated and shall be deleted, both in hard and electronic form, in accordance with the GDPR. The time for retention of the medical examinations shall not exceed the time period of six (6) months and the application as well as all examinations and particulars shall be deleted.
- 8** Applications for the issuance of Health Cards where the date of issue of the Medical, clinical and para- clinical examinations is more than 6 months shall not be accepted, ie. they should have a date of issue of less than 6 months from the date of submission of the application. Provided that the same shall apply to the date of their Evaluation by the Medical Committees.
- 9** The date of commencement of the validity of a Health Card is the date of its evaluation and approval by the competent Medical Committee.
- 10** Applications for the issuance of Health Cards which are not correctly completed and signed and which also are not submitted together with the required Medical and para- clinical examinations shall not be received by the Organisation and shall be returned to the applicant as non- acceptable.

- 11 Athletes who have attained the age of 11 years should provide the medical examinations and certificates mentioned in the above table and specifically, of the age group of “11-34 years”
- 12 The biochemical check (sugar, cholesterol, creatinine) is required ONLY with the 1st time submission of an application by athletes who have attained their 11th year of age and apply for the issuance of a H.C. Such examinations shall NOT constitute pre –requisite elements in cases of new applications for issuance of H.C. upon expiry of the validity of the H.C. they already hold, but shall be carried out only where there are pathological indications.
- 13 Full Blood Count (haemoglobin, haematocrit, erythrocytes, leukocytes and platelets levels) remain a pre-requisite para – clinical examination for all athletes over 11 years old.
- 14 Male athletes who have attained the 17th year of age and over (born in 1990 onwards) are required to provide a Military Service certificate/Personal Call Sheet [ΦΑΠ]/Form type A or Certification of Military Service Status and/or certification of enrollment in secondary education institutions. In case the applicant works for the security forces (Police, Fire Service, Prison Bailiffs) a copy of the professional identity should be provided. The above are required in order to document the performance of Military Service so that the application can be received. In case where your case falls under the legislative provisions of the Cyprus Sports Organisation Law (L. 41/69) then your application shall be rejected and shall not be received.
- 15 The cardiovascular examinations (cardiogram, stress test etc) should be provided with a doctor’ s original stamp and signature showing the examination date and the athlete’ s personal data.
- 16 As from 1/06/2021, the electrocardiogram (ECG) should bear the review/opinion of the examining Doctor.
- 17 **No Health Card is issued under any circumstances if the athlete is liable to perform military service and has been called to enlist in the National Guard in accordance with the provisions of the National Guard Law, from the year 2019** onwards and holds, pursuant to such Law, a temporary release either due to unsuitability to perform military service (1/5) or due to the granting of postponement of his compulsory obligation to perform military service by reason of a disease/ condition associated with his mental health.

- 18** For determining the required medical, para- clinical, supplementary examinations as well as for the procedure to be followed in respect of the medical examination of the athletes for the issuance of Health Cards, the Organisation' s Board of Directors has established the Scientific Committee of the Supreme Council for Athletes' Health (ΑΣΥΑ/SAHC). (Supreme Athletes' Health Council)