



SAFE SPORT ALLIES

Safeguarding children from violence and abuse in local sport clubs



See something, do something!

Responding to harassment and abuse in sport

23rd of June 2023
Cyprus



Terre des hommes
Helping children worldwide.



CYPRUS SPORT
ORGANISATION
The Highest Sport Authority in Cyprus

THOMAS
MORE



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De stilte
verbroken
Laat van je horen!



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Centrum Ethiek
in de Sport



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Erasmus+ Programme
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“

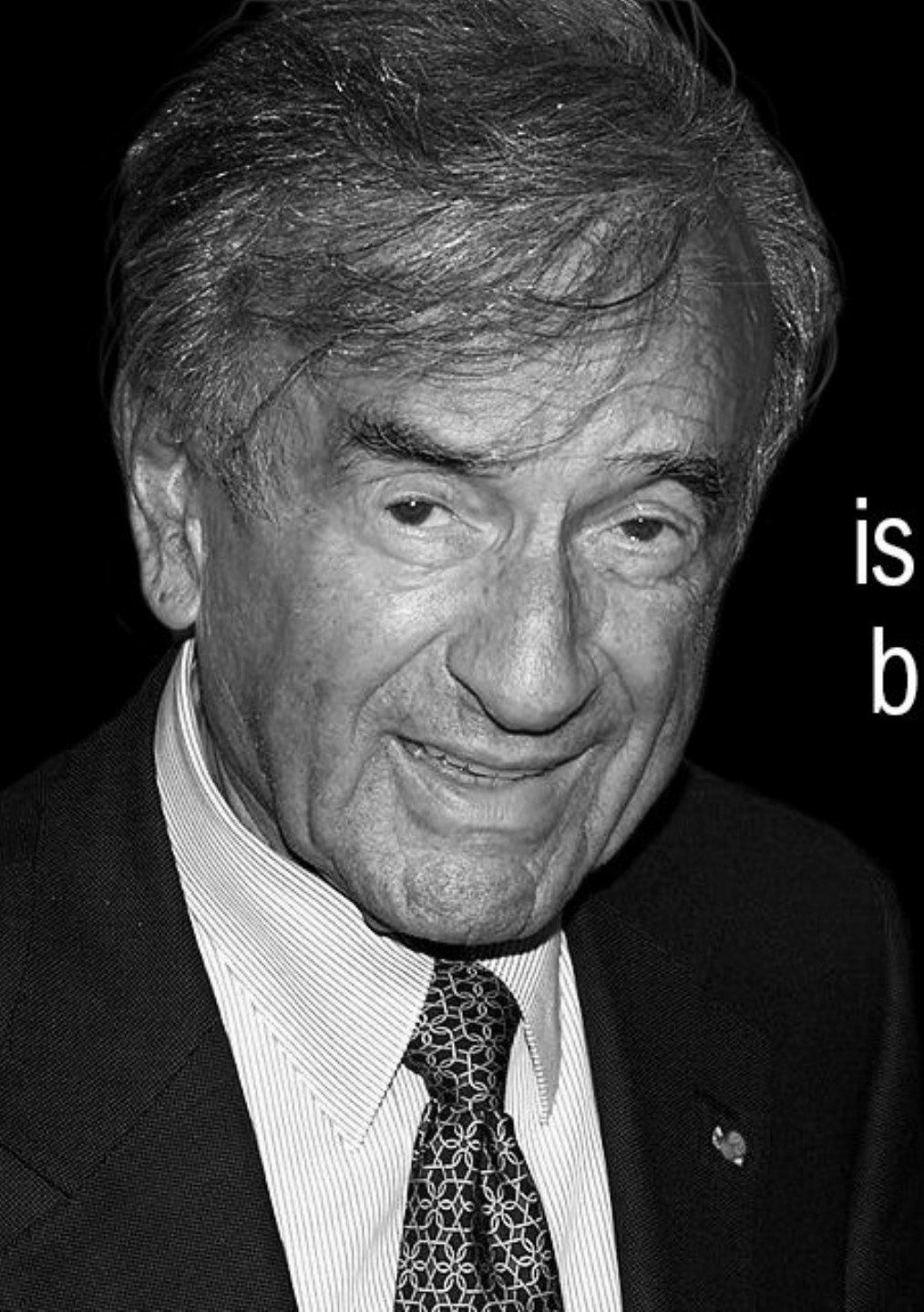
“Two of my teammates
grabbed me in the shower.
They said it was just for fun.”

“

“Everybody in the gym saw it,
but nobody did something.
I was so confused”

“

“They were the most popular person
in the club. I had no proof.
No one would ever believe me.”



What **hurts** the victim most
is not the cruelty of the oppressor,
but the **silence of the bystander.**

– *Elie Wiesel*



Continuum

Discrimination

Harassment

Abuse

Cultural Context

Based on power differentials in:

Sex
Gender
Race
Ethnicity
Indigeneity
(Dis)ability
Age
Athletic Ability
Athletic Longevity
Faith
Socio-economic/
Financial status
...or combinations
of these



Types of non-accidental violence

Psychological
+
Physical
Sexual
Neglect

Mechanisms:

Contact
Non-contact/verbal
Cyber
Negligence
Bullying
Hazing



Impacts (Indicative)

Athletic Impacts

Physical (e.g. illness and injuries, performance loss, disordered eating/EDs, PTSD, self-harm, STIs)

Cognitive (e.g. low self-esteem)

Emotional (e.g. volatile mood states)

Behavioural (e.g. drop out, more likely to cheat)

Mental health (e.g. anxiety, depression, suicide)

Relationship (e.g. social exclusion/marginality)

Economic losses

Organisational Impacts

Reputational damage

Loss of players and fans

Loss of sponsorship

Reduced medal tally

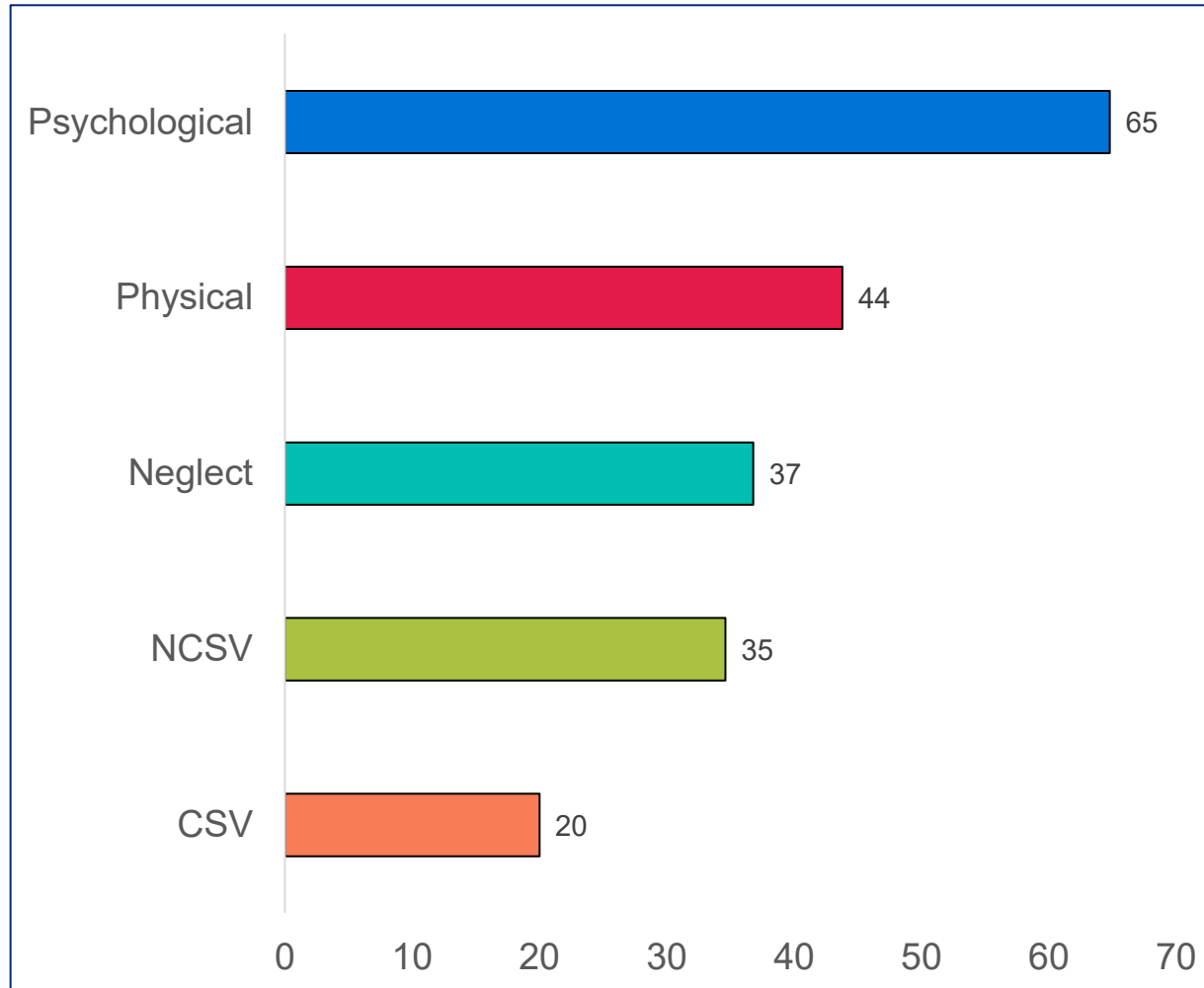
Reduced public confidence

Loss of trust

Asset depreciation



Prevalence estimates



European CASES study: Hartill et al., 2021

It happens

- to athletes of all ages and genders
- at all competition levels
- in all sport disciplines
- in all countries
- in and outside sport
- between and among athletes but also among other people involved in sport



Reactive bystanding

Assists
Reinforces
Encourages

Looks away
Does not intervene

Stops the behavior
Distracts the perpetrator
Calls for help
Reprimands the perpetrator
Comforts the victim
Follows-up afterwards

Negative
bystanding

Passive
bystanding

Positive bystanding

Proactive bystanding

“The bystander decision to directly intervene is influenced by the peer response, the culture of the sport organization and by the self-efficacy”



The process of bystanding

Signs of
H+A

1
Notice

2
Is it a
problem?

3
Is it my
problem?

4
What can I
do?



The team



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Aims

To tackle harassment and abuse in local sport clubs

To develop a bystander intervention program

To educate athletes, coaches, parents and club administrators

To longitudinally measure the effectiveness

To multiply the materials



Program development

Literature and survivor/bystander voice analysis

Intervention development: sports participants, coaches, parents and club administrators

Intervention pilot tests and adaptation

Training of Trainers

Intervention implementation and evaluation

The challenge





Content



For whom?	What?	Aim?
Sports participants (12-14 years)	<ul style="list-style-type: none">• Face-to-face workshop (90 min)	<ul style="list-style-type: none">• Learning to set and respect personal boundaries• Knowing where to report
Coaches	<ul style="list-style-type: none">• Face-to-face/online workshop (120 min)• 3 online booster sessions	<ul style="list-style-type: none">• Learning to recognize signs• Learning to assess situations• Knowing where to report
Parents	<ul style="list-style-type: none">• Webinar	<ul style="list-style-type: none">• Learning about 'Safe sports'
Club administrators	<ul style="list-style-type: none">• Self-assessment• Advisory report• Knowledge clips• Peer learning	<ul style="list-style-type: none">• Gaining insight in own club policies



Workshop scripts



Conversation cards

Fact sheet posters

Video animation



Self-scan



Webinar series



Sport participants

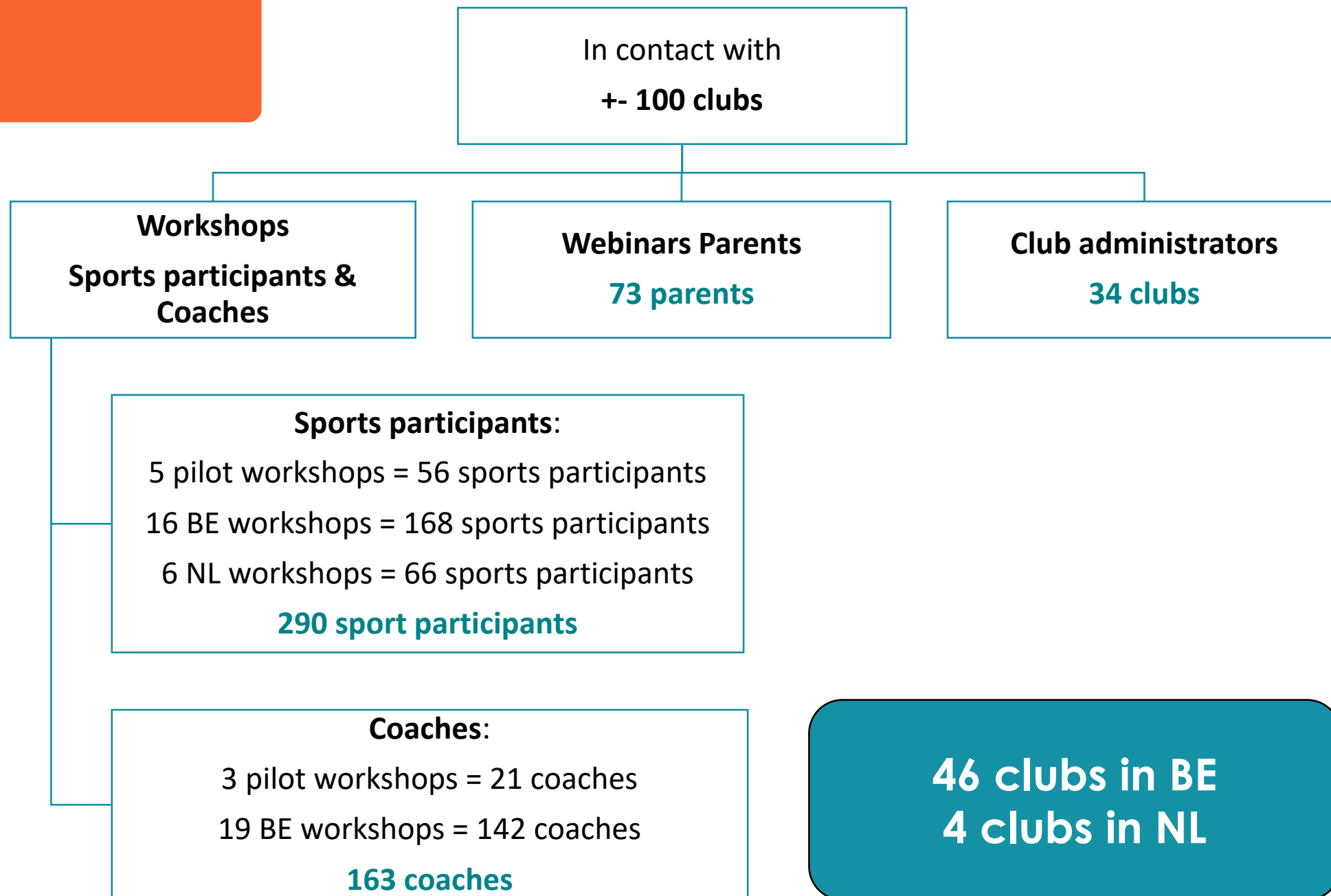
Coaches

Parents

Club administrators

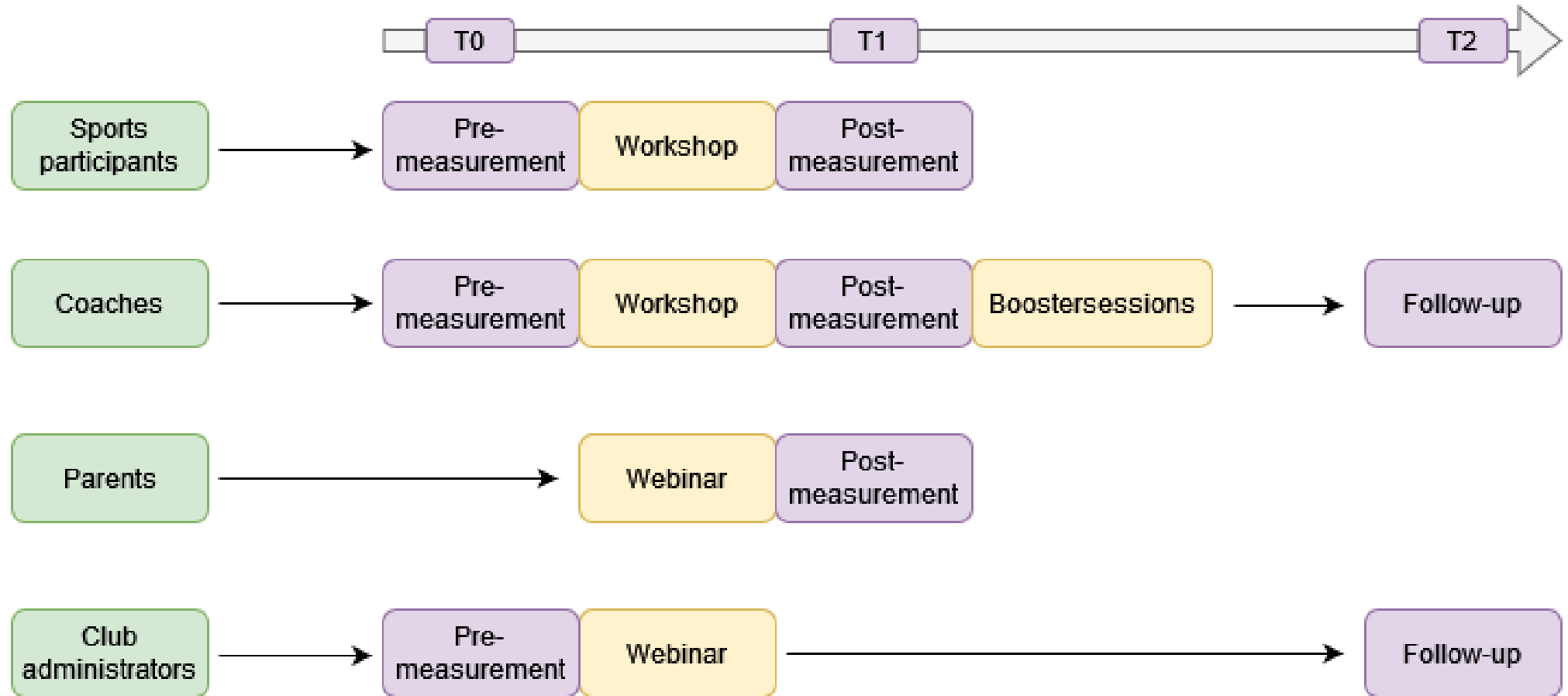
Soon available on www.safesportallies.eu!

Intervention implementation





Methodological design





What did we measure?



Sports participants	Coaches
<ul style="list-style-type: none">✓ Knowledge harassment and abuse✓ Knowledge, perceived norms and intention towards consent, boundaries and reporting✓ Bystander behavior✓ User feedback	<ul style="list-style-type: none">✓ Knowledge harassment and abuse✓ Readiness to change✓ Knowledge, attitudes, perceived behavioral control, intention and behaviors towards respecting boundaries, noticing signals, and consent✓ Bystander behavior✓ User feedback



Sport participants' results

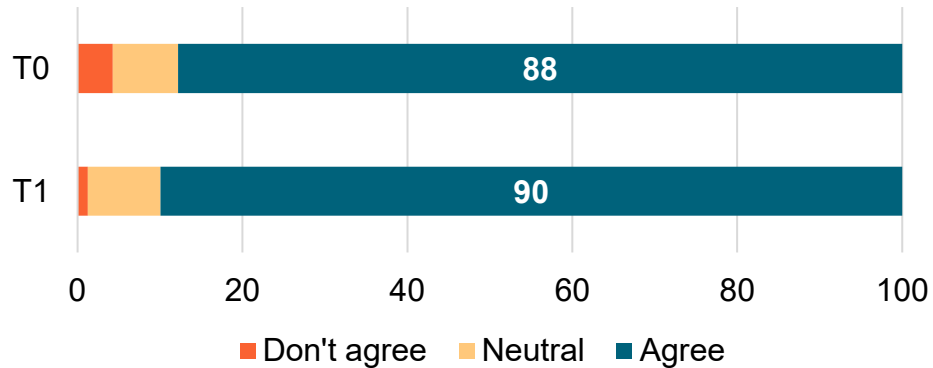




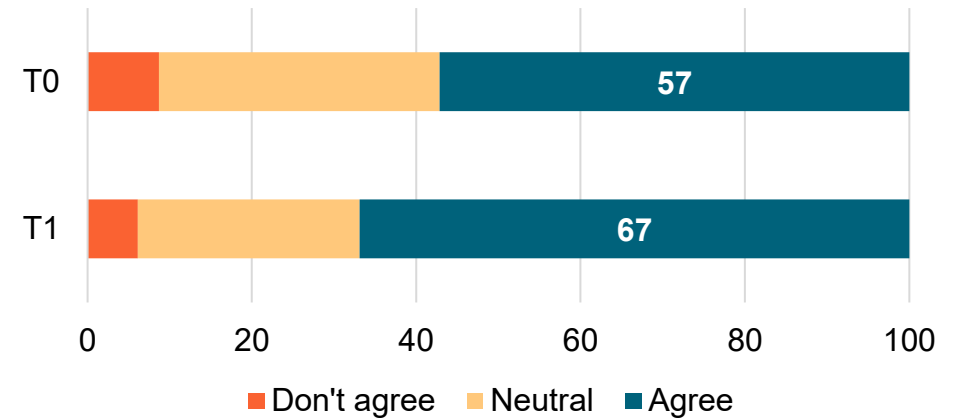
Sport participants' results

- Bystander index

If others do not give their consent for being hugged for example, I will respect this



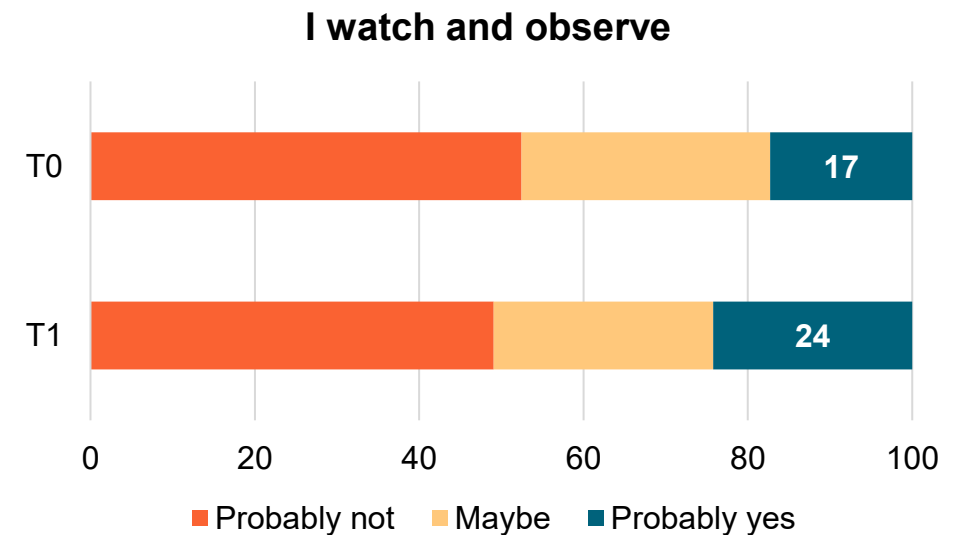
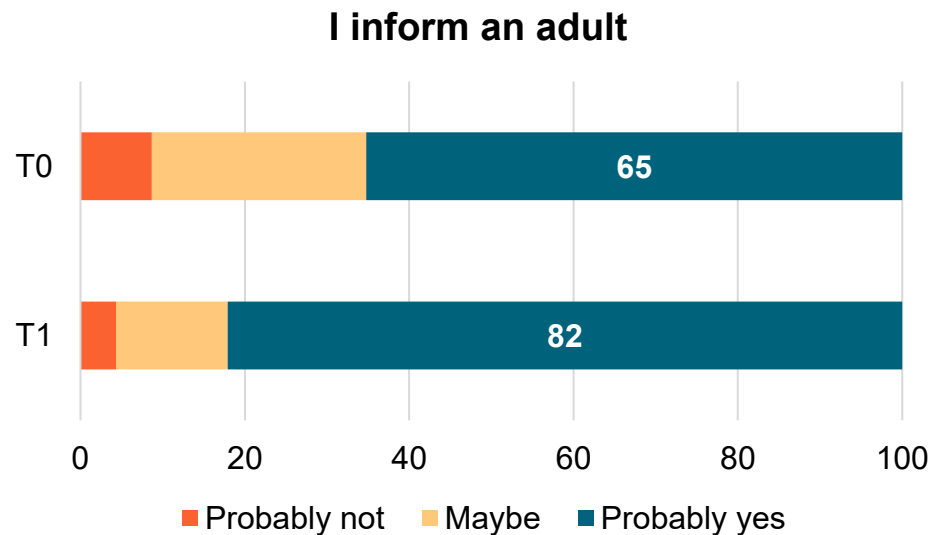
I intent to notify an adult when someone violetes my personal boundaries





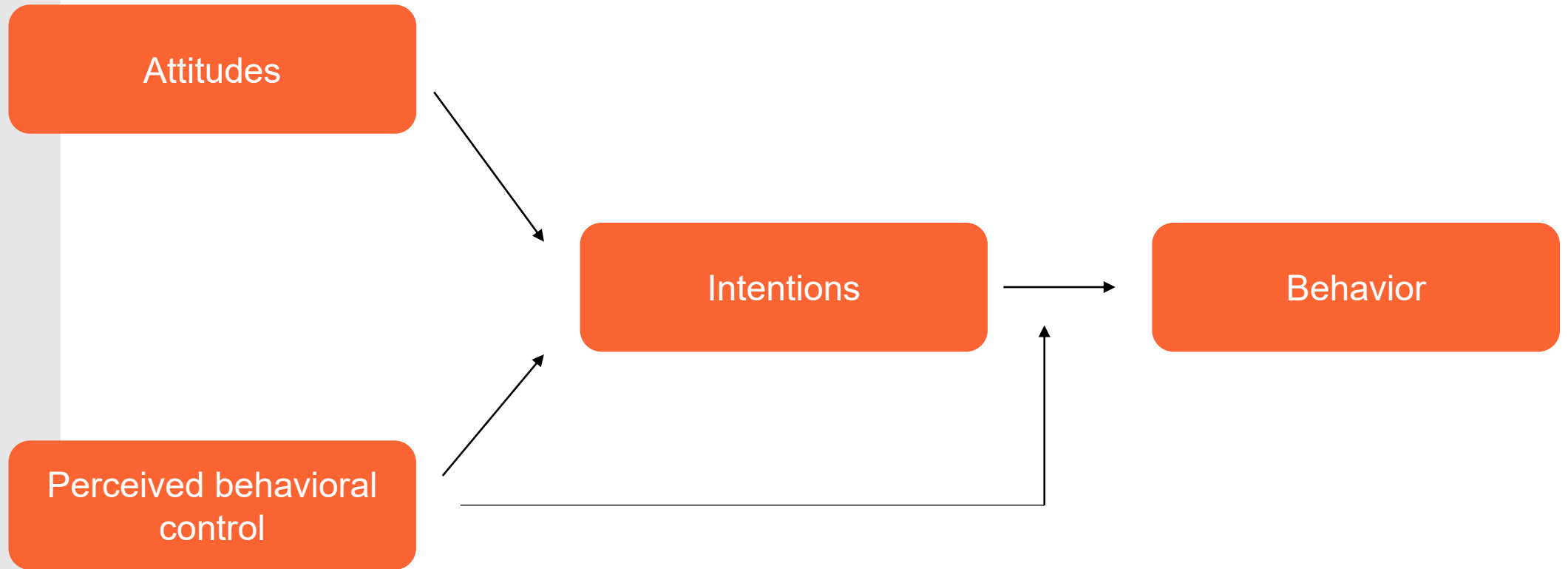
Sport participants' results

- Bystander behavior





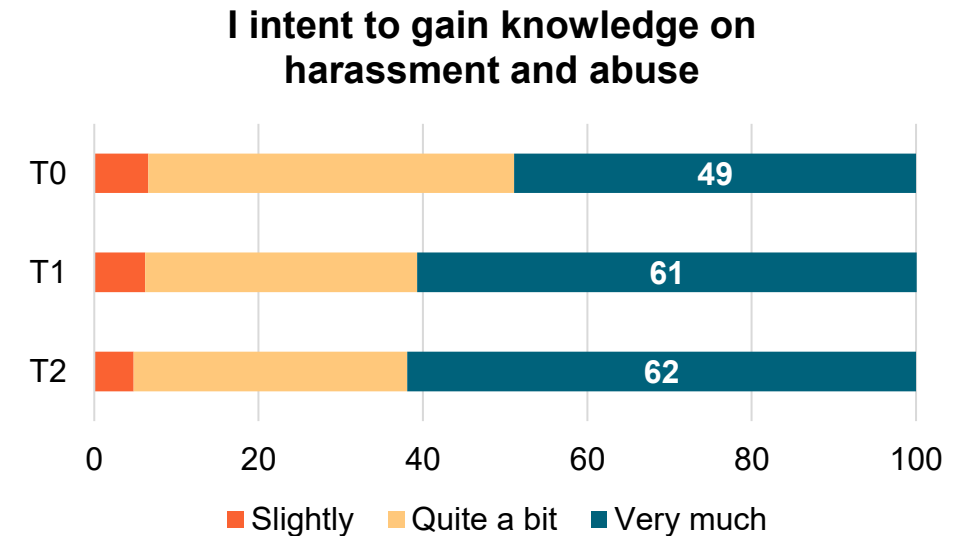
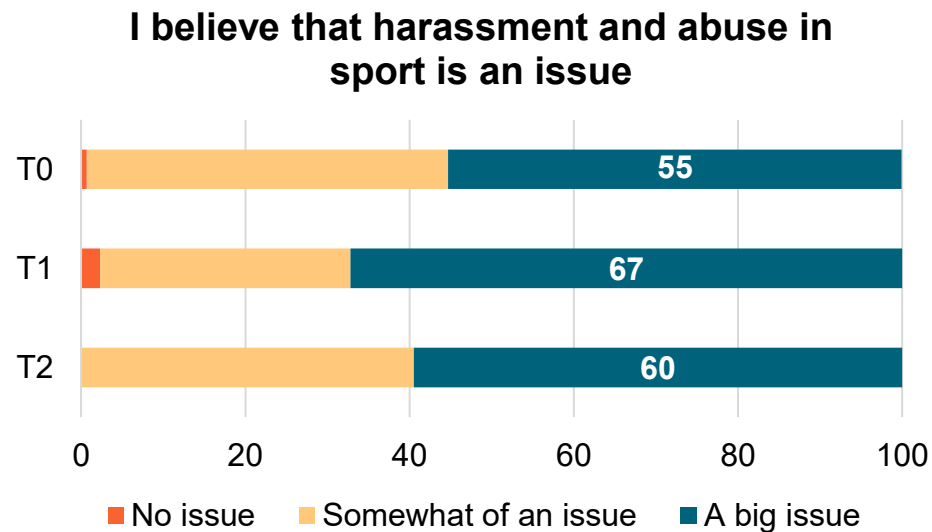
Coaches' results





Coaches' results

- Readiness to change

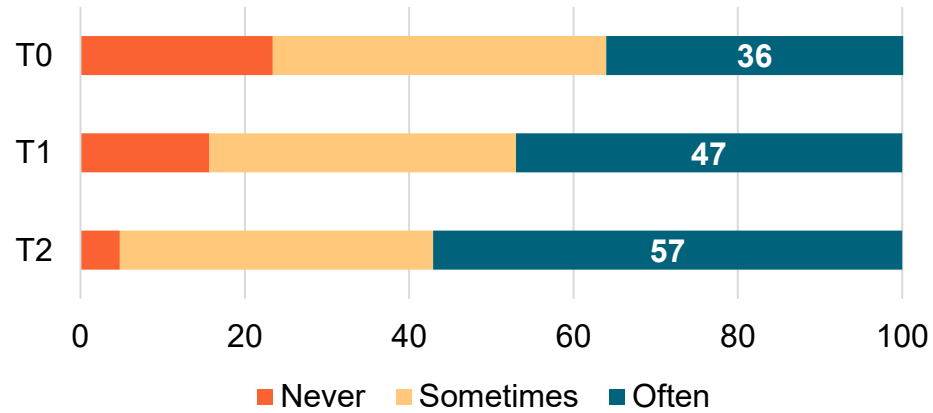




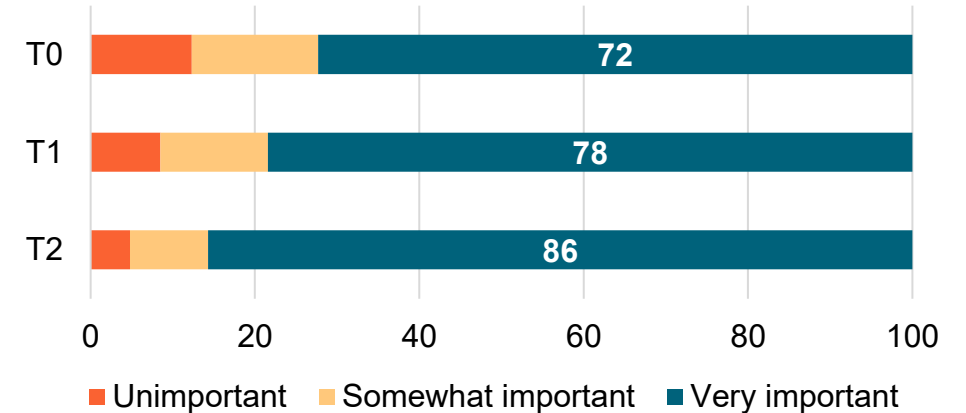
Coaches' results

- Bystander index

I talk with the sport participants about boundaries and respect



It is important to have consent from the sports participants





Did they enjoy?

> 70%
found the workshop interesting,
learned a lot,
and would recommend the
workshop to their peers



*"You need to respect the
boundaries of others"*
*"Consent is more important
than you think"*

> 90% found the workshop
interesting,
would recommend it to their
peers,
and felt more prepared to
respond



Safe Sport Allies+?

Future developments

Safe Para-Sport Allies
- with E+ support -

Safe Sport Allies in
Cyprus?



THANK YOU

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